





## Chinmaya Chitrakoot 900 N Beltline Road Irving, TX 75061

A psychologist by profession turned Sanyasini (Hindu Monk), storyteller, author and teacher, she left the world of the inner workings of the mind for that beyond the mind. Of Indian origin, born in South Africa and raised in Australia she currently resides in Hong Kong and is a globe trotter of the Chinmaya Mission, spreading the vision and sharing the knowledge of Vedanta.







4/20/2019 - Saturday - 10:00 AM to 5:00 PM 10:00 AM to 12:00 Noon - Morning session Training 12:00 Noon to 2:00 PM - Lunch 2:00 PM to 4:00 PM - Afternoon session Training 4:00 PM to 4:30 PM - Tea break 4:30 PM to 5:00 PM - Debriefing and wrap up.

4/21/2019 - Sunday - 9:00 AM to 12:30 PM
9:00 AM to 9:30 AM - Introduction to sevikas
9:30 AM to 10:30 AM - Training with with the Pre K class All sevikas will watch the session
10: 30 AM to 11:30 PM - Debriefing and wrap up.
11:30 AM to 12:30 PM - Lunch

For information please contact - Bhavani Vemula- bhavanivemula@hotmail.com

## If you like to play and tell stories to younger children this training is for YOU



This training is for Anyone who like to teach children younger than 5 year old.

Young and new mothers for early introduction to spiritual education.

Current Bala Vihar sevaks and sevikas that may be interested in taking Shishu vihar classes at your center



Shishu Vihar is Chinmaya Mission's newest creative device to 'catch them young'; a forum for anyone aged below 5 years. Shishu Vihar is an assemblage of infants, toddlers and young and new mothers for early introduction to spiritual education.

Shishu Vihar strives to provide opportunities for this, thereby enabling spiritual development through cultural education. Classes follow a modern structure of play groups where children learn through song, stories, arts and crafts, appropriate to their age and development. For effective learning outcomes, several props, music and an extensive use of colours, shapes and forms are utilised to relay information to the infant.

If you are interested in attending the training please provide your name, email and phone number to your session coordinator



## Children's books by Swamini Supriyananda

Children's books that seek to inspire as they educate and entertain. They aim to build firm foundation of virtues and values, coupled with dynamism and enthusiasm, to enable children to grow and live with joy, success and fulfilment.